

ATHLETIC AND INTERSCHOLASTIC ACTIVITY CODE AND HANDBOOK

WE STRIVE TO HELP ALL STUDENTS SEEK EXCELLENT PERFORMANCE IN EVERY ASPECT OF THEIR LIVES.

OUR PHILOSOPHY

Athletics and interscholastic activities mean more than competition between individuals or teams or performing services for the community. These activities provide a framework for building the cooperative and teamwork skills truly respected in our society and provide opportunities for students to discover their talents and have new experiences. In addition, participation in interscholastic events teaches students that success comes from perseverance and dedication, and that preparing to do one's best means replacing unhealthy living habits with healthy ones.

In keeping with the theory that athletic and interscholastic participation is a privilege, the Cape Flattery School District (CFSD) has adopted the following Athletic and Interscholastic Code. The Code applies to all students participating in interscholastic athletics, and includes, for example, cheerleaders, drill teams, ASB, and Knowledge Bowl participants as well as athletes engaged in sporting activities. The Code applies to all phases of interscholastic participation, including practices, meetings, training, travel with the school, and the actual activity itself.

All students who participate in the athletic/activity program of Cape Flattery School District must comply with all rules and regulations of their high school, in addition to the procedures and regulations set forth by the Washington Interscholastic Activity Association (WIAA) and by our school district. The Cape Flattery Athletic and Interscholastic Activity Code may not set standards below the threshold established by the WIAA, but may set standards with higher expectations than the WIAA. Likewise, coaches and advisors for a particular activity may set higher expectations than those established by the CFSD.

The Cape Flattery Athletic and Interscholastic Activity Code applies to each student who participates in any extra-curricular activity during the WIAA-defined or campus-defined activity season. The activity begins with the first practice/tryout/meeting and concludes with the last day of the season for the activity.

ATHLETIC AND INTERSCHOLASTIC ACTIVITY CODE

Requirements for Participation: Once a student is formally enrolled in school, he/she is not eligible to participate in an interscholastic activity until the following requirements are completed and documentation is turned into the athletic director for the campus:

1. ASB Card,
2. School Insurance Form or Insurance Waiver Form Completed,
3. Medical Emergency Release Form Completed,
4. Athletic and Interscholastic Activity Code Agreement, signed by student and parent/guardian
5. Physical Examination (sports only)
6. Previous Equipment Returned, and/or no outstanding fines or fees, and
7. Acknowledgement of Risk Form

Athletic and Activity Academic Standards

In order to maintain athletic eligibility at the beginning of any season/quarter/semester, the student shall maintain a minimum 2.0 GPA and not fail any classes during the preceding grading period, e.g. *fall athletics* - preceding spring (unless attending summer school); *winter athletics* – 1st quarter and 1st semester of current year; *spring athletics* - 1st semester and 3rd quarter for current year. Please note WIAA stipulations for academic suspension effective for the 2009-10 school year:

1. *The fall academic suspension period for high school students will be through the last Friday in September of 2009, September 25, 2009. If students are then meeting both the school and new 2008-09 WIAA scholastic standards on Friday, September 25, 2009, they would be eligible to participate on Monday, September 28, 2009.*
2. *The suspension period for the second semester/trimester will be the first five (5) weeks of the succeeding semester/trimester.*

Any student placed on academic suspension may continue to turn out and practice, but may not participate in contests or performances. After the academic suspension period has passed, the student will be able to participate fully, providing s/he maintains a minimum GPA of 2.00 and passes all classes.

Monitoring grades for eligibility: Students participating in sports and/or activities will have their grades monitored throughout their sport or activity season(s). The Athletic Director will complete an academic eligibility list for all sports and each activity Advisor will complete an eligibility list for each respective activity. Grades will be monitored weekly beginning with the first week of school for fall sports, and with the week prior to an activity or turnout for winter and spring seasons. Students will comply with site procedures for recording eligibility and will turn in the completed eligibility form to the office by 3:30pm each Monday, or the first school day of the week. The Athletic Director or activity Advisor will compile an eligibility list for coaches and the principal. If the student maintains a GPA of 2.0 or greater and no F's, s/he remains eligible. If the student does not meet the weekly eligibility requirement, s/he will be ineligible until they correct the deficiency as per site requirements.

Extended Season: In the event a sports season is extended due to postseason play, grades will continue to be monitored on a weekly basis and the academic requirement will apply.

Attendance: For any games/matches, practices, performances, or meetings held on a school day, participating students must be in attendance at school a minimum of one half-day, or have a pre-excused absence/administrative clearance as per site requirements.

Behavior/Citizenship: Participating students must demonstrate appropriate behavior and good citizenship at all times, as determined by site discipline summaries and this Code. Students who violate school discipline or athletic director/coach/advisor stipulations are subject to athletic/activity discipline (as per site requirements) from a principal, coach or advisor; athletic/activity discipline causes a student to refrain from participating in an activity or event for all or part of a single activity/event. In the case of more serious violations of school discipline, athletic director/coach/advisor stipulations, or this Code, a principal, an athletic director, a coach, or an advisor may administer athletic probation, athletic suspension, or athletic expulsion. PLEASE NOTE: Students who are suspended from school (for any reason) shall not attend any practices, meetings, events, games, or the like for the suspension period.

In addition, if a student is facing felony charges, the student may be temporarily suspended from all activities pending review by the Athletic/Activity Review Board. Continued participation could depend on enrollment and full participation in a juvenile diversion or substance abuse program housed in the school or the community.

APPEAL HEARING PROCEDURES

When infractions occur within the athletic/activity program, students may grieve the decision to impose discipline in the following manner:

A) Upon the imposition of penalty for infractions of this Code, site rules and regulations, and/or coach/advisor stipulations, any aggrieved student, or his/her parents/guardians shall have the right to an informal conference with the building principal, athletic director, and/or coach/advisor to question the decision of the principal/athletic director/coach/advisor or to ask the principal/athletic director/coach/advisor to reconsider. In the case of athletic/activity discipline, the principal/athletic director/coach/advisor will make a good faith effort to meet with the aggrieved student and/or parents/guardians prior to the event. In the case of athletic probation, athletic suspension, or athletic expulsion, the student and parents must make a written request for this informal conference within five (5) school days of the action grieved, or they will have waived their right to the conference and appeal procedure. The informal conference is to be held within three (3) school days of the request.

B) If the parties are unable to agree at the informal conference, the aggrieved party may appeal to the Athletic/Activity Review Board as designated by the principal. The Athletic/Activity Review Board must meet within three (3) days of the appeal request. The aggrieved party and the coach/advisor shall be available as a resource. The Athletic/Activity Review Board will hear the case in detail and will render a decision within three (3) school days after hearing the case.

C) If the aggrieved party does not agree with the decision of the Athletic/Activity Review Board, s/he may appeal to the superintendent within three (3) school days of the board's decision. The superintendent, after hearing the case in detail, shall render a decision within ten (10) school days of the hearing.

D) The aggrieved party may appeal the superintendent's decision to the Board of Directors within three (3) school days. The Board of Directors, after hearing the case in detail, shall render a decision on the case within ten (10) school days of the hearing. This decision shall be final.

ATHLETIC/ACTIVITY REVIEW BOARD

The Athletic/Activity Review Board shall consist of the principal, athletic director or advisor, two out-of-season coaches or other activity advisors, and the ASB President, or his/her designee. Persons with a conflict of interest must recuse themselves and allow the principal to appoint another individual.

Travel: When transportation is provided by the school district, the participant is expected to travel to and from activities/contests/events in the district vehicle. In case of an emergency, a parent/guardian may submit a written request, prior to the dispatch of the district vehicle from the site, asking that they or another designated adult be allowed to transport their child. Only with the judicious and prior approval of the principal/athletic director/coach/advisor, will a participant be allowed to travel with his/her parents/guardian or another team member's parents/guardians.

Transfers: Transfers between the Clallam Bay School and Neah Bay School shall only take place prior to the start of the school year or at the beginning of the 2nd semester. Transfers shall be based on academic needs only and shall be subject to the pre-approval of the Principals and Superintendent. Once a student wears the uniform of one school during a given school year, s/he may not play for the other school during that school year.

ADDITIONAL WIAA REQUIREMENTS

1) Age Limits - Students must be under 20 years of age on:

September 1st for fall sports

December 1st for winter sports

March 1st for spring sports

2) Residence Rule - In order to be eligible to participate and/or represent the Cape Flattery School District in an interscholastic contest, activity, or event, students must reside within the boundaries of the district and the designated attendance area of the school with either one or both parents, or with a legally appointed guardian, and must have attended a school of the district continuously for a period of one year while residing with the family unit. Students who do not fit these criteria must contact the Athletic Director or activity Advisor to determine if the WIAA hardship waiver applies.

3) Enrollment Rule - *An athlete shall be enrolled in school not later than October 1st (the first term) and February 15th (the second term) to fulfill the previous semester requirements on attendance. He/she shall have been in regular attendance from the time of enrollment to the date of the contest.*



Need to review

4) Physical Examination - Every student who participates in interscholastic athletics must have passed a physical examination from a licensed medical practitioner during the 12-month period prior to participation. Written evidence of having passed this physical exam must be on file with the Athletic Director or activity Advisor *before* the student will be permitted to turn out for the first practice. *A physical exam is only valid for 12 months, and must be updated* at the end of this period, even though it might occur in the middle of a sport season. To resume participation following an illness and/or injury serious enough to require medical care, a participating student must present to his/her coach/advisor a "Return to Play" form signed by a licensed medical practitioner.

5) Attendance - WIAA Handbook 18.7.0 - 18.8.2 attendance rules apply.

6) WIAA Eligibility Rules - Above are listed several of the WIAA eligibility rules which are the most commonly troublesome ones for students and staff. Others include: a) students must be members of their school; b) students must meet special requirements if they have transferred between schools; c) student must meet the season limitation standard; d) student must get special permission if they are a foreign exchange student and e) students must meet amateur standing criteria, etc.

SUBSTANCE ABUSE POLICIES

Any student who participates in athletics/activities will not possess or consume tobacco, alcohol, and/or controlled substances, nor will they be in attendance at a location where tobacco, alcohol, and/or controlled substances are used. If a student who participates in athletics/activities uses tobacco, alcohol, or controlled substances on school property or at a school event, the principal will issue school discipline and refer the student to the Athletic/Activity Review Board for athletic/activity sanctions. If a student uses or possesses alcohol, tobacco, or a controlled substance, off-campus at a non-school event, or attends an off-campus event where alcohol, tobacco, or controlled substances are used, s/he will be referred immediately to the Athletic/Activity Review Board for sanctions.

SELF-REFERRALS: Students who self-refer a tobacco or alcohol issue PRIOR to referral to the Athletic/Activity Review Board (AARB) will not face sanctions as long as:

1) The student receives a drug/alcohol/tobacco assessment from a licensed drug/alcohol professional within 10 working days of the self-referral, and must complete the recommended treatment. All confidentiality rules apply. Failure to complete the recommendations within 14 working days can result in the student being declared ineligible to compete in athletics or activities.

Below is a table of consequences for substance use/abuse. Failure to complete referral/assessment recommendations within 14 working days can result in the student being declared ineligible to compete in athletics or activities.

Substance at Issue	Use at School/School Event	Use/Attendance at Non-school Event
Tobacco	<p>1st violation – school site discipline, 5 day athletic/activity suspension, referral to tobacco prevention program, referral to AARB</p> <p>2nd violation –progressive school site discipline, 10 days athletic/activity suspension, referral to tobacco prevention program referral to AARB</p> <p>3rd violation - progressive school site discipline, immediate athletic/activity suspension, referral to tobacco prevention program, referral to AARB</p>	<p>1st violation – 5 day athletic/activity suspension, referral to tobacco prevention program, referral to AARB</p> <p>2nd violation – 10 day athletic/activity suspension, referral to tobacco prevention program referral to AARB</p> <p>3rd violation - immediate athletic/activity suspension, referral to tobacco prevention program, referral to AARB</p>

Alcohol	<p>1st violation – school site discipline, police notified, 10 days athletic/activity suspension, referral to chemical dependency program/assessment, referral to AARB</p> <p>2nd violation – progressive school site discipline, police notified, athletic/activity suspension is determined by AARB (may be up to one calendar year), referral back to chemical dependency program</p> <p>3rd violation - progressive school site discipline, police notified, athletic/activity suspension is determined by AARB (may include athletic suspension and/ or expulsion), referral back to chemical dependency program</p>	<p>1st violation –10 days athletic/activity suspension, referral to chemical dependency program/assessment, referral to AARB</p> <p>2nd athletic/activity suspension is determined by AARB (may be up to one calendar year), referral back to chemical dependency program</p> <p>3rd violation - progressive school site discipline, police notified, athletic/activity suspension is determined by AARB (may include athletic suspension and/ or expulsion), referral back to chemical dependency program</p>
Steroids	Progressive school discipline, police notified, + WIAA progression listed below	WIAA progression listed below
Controlled substances	Progressive school discipline, police notified, + WIAA progression listed below	WIAA progression listed below
Marijuana	Progressive school discipline, police notified, + WIAA progression listed below	WIAA progression listed below

LEGEND DRUGS (Including Anabolic Steroids)
& CONTROLLED SUBSTANCES (Including Marijuana):
POSSESSION, SALE, AND/OR USE

WIAA Rules and Regulations (18.22.0) regarding student standards for Interscholastic Eligibility:

Washington Laws and Student Eligibility: Whenever State of Washington Laws prohibit eligibility, or as a result of violation student eligibility is restricted by law, the member schools of WIAA shall minimally restrict participation in those activities under WIAA’s jurisdiction as prescribed by law.

Penalties for Violation of RCW 69.41.020 - 69.41.050 (Legend drugs including anabolic steroids- possession, sale, and/or use) or Violation of RCW 69.50 (Uniformed Controlled Substances ACT): A violation of

RCW 69.41.020 - 69.41.050 shall be considered a violation of the eligibility code of standards, and shall subject the student to disciplinary actions. Legend drugs are defined as those drugs that are legal ONLY through prescription. Controlled substances and controlled substance analogs are defined in RCW 69.50.101. The following penalties will be administered:

1st Violation: The student athlete shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. Ineligibility shall continue until the next sports

